

PE Long Term Overview

	Autumn		Spring		Summer	
Year 1 and Year 2	Dance Games: throwing and catching	Gymnastics Games: Travelling with a ball.	Dance Games: Ball control	Gymnastics Games: Striking	Dance Athletics	Gymnastics Athletics
Year 1 and Year 2	Dance Games: throwing and catching	Gymnastics Games: Travelling with a ball.	Dance Games: Ball control	Gymnastics Games: Striking	Dance Athletics	Gymnastics Athletics
Year 3 and Year 4	Dance Invasion: Netball/ Basketball	Gymnastics Invasion: Football	Invasion: Hockey	Invasion: Tag Rugby	Dance Net/wall Tennis	Gymnastics Athletics
	Swimming St Martin Class Y3 St George Class Y3/4		Swimming St Elizabeth Class Y4			
Year 3 and Year 4	Dance Invasion: Netball/ Basketball	Gymnastics Invasion: Football	Invasion: Hockey	Striking/Fielding: Cricket	Dance Net/wall Tennis	Gymnastics Athletics
	Swimming St Martin Class Y3 St George Class Y3/4		Swimming St Elizabeth Class Y4			
Year 5 and Year 6	Dance Invasion: Football	Gymnastics Invasion: Netball/ Basketball	Dance Invasion: Hockey	Gymnastics Invasion: Tag Rugby	Athletics	Outdoor adventure
			Swimming St Michael Class Y5		Swimming St John Paul Y5/6 St Josephine Y5/6	
Year 5 and Year 6	Dance Invasion: Football	Gymnastics Invasion: Netball/ Basketball	Dance Striking/Fielding: Cricket	Gymnastics Dance Net/wall Tennis	Athletics	Outdoor adventure
			Swimming St Michael Class Y5		Swimming St John Paul Y5/6 St Josephine Y5/6	

Cycle A	2025/26
Cycle B	2024/25